



NURSERY INFANT PARENT CHECKLIST

1. All items brought from home must be **labeled with first and last names. On the first day of care parents must provide a sheet with pre-made labels for our nursery team to label appropriately any items that were not labeled to meet the safety standards required.**
2. For daily use to be kept inside infants bag (These items will return home on a daily basis):
 - a. Minimum of **4 full changes of clothing** (nursery leader will contact the family directly if your child needs more)
 - b. Mattress cover sheet and **sleep sac (no blankets allowed - due to DCF Safe Sleep Guidelines)**
 - c. Milk/formula bottle
 - d. Daily supply of breastmilk, each bag must contain the exact amount per feed, and we require to pack one extra bag for any emergencies (milk bags must be inside insulated lunch bag)
 - e. Labelled pacifier (recommend always to keep one spare in the bag)
 - f. **For infants 3-6months We recommend footed pajamas due to low temperatures in room. During summer time, drop off child with summer clothe to participate of morning playground time and keep some inside backpack to change child in afternoon if needed.**
 - g. **For infants 6 months and above:** water bottle, milk bottle/zippy cup and bib. Please see pictures below.

Labels: due to frequent wash of bottles and pacifier we require parent to order labels that are specifically made for this purpose versus writing name with sharpie as it will wear off on a daily basis



Shoes for children beginning walking phase (aprox. 10 months and older): please drop off your infants with shoes appropriate for walking - avoid using loose sandals, crocs, or baby shoes past this stage, as this will delay the walking process.



3. To stay in the nursery and return on the week's last day of care or if soiled
 - a. Mattress cover
4. To be provided on a frequent basis or upon request of the nursery caregiver
 - a. At least a 2 week supply of diapers
 - b. At least a 2 week supply of wipes
 - c. Formula/Water gallon for formula (does not apply if parent participates in the food program)
 - d. Diaper cream (**must fill a medication authorization form**)
5. For emergency lockdown: Please provide a Ziploc bag with 2 full changes of clothes. This change of clothes and shoes are not used for daily accidents, but only in case of a lockdown due to weather emergencies.



FOOD PROGRAM

6. For babies 6 to 12 months old:

a. Parents have two options for meals:

1. All food and formula provided by the program following our No Peanut/No Pork Infant 4 week cycle menu

or

2. All food and formula provided by parents including all three meals (breakfast, lunch, and afternoon snacks). Meals will have to be provided in full on a daily basis, including their choice of formula and water gallon for formula, with no exceptions or accommodations. If parents decides to transition to our menu, a one week notice will be required by the school.

b. Breakfast is served at 8:30 AM. If child arrives past 8:40 AM, child needs to have breakfast at home.

7. For Infants/Toddlers 12 months and older:

All food will be provided by our program following our No Peanut/No Pork 4 week cycle Menu. Children will be served **whole milk** in sippy cup, no milk bottle will be approved past this age group. Accommodations within our menu will be made for children with allergies/intolerance supported by a doctor's note. Parents are not allowed to bring food from home for this age group and on.

DEVELOPMENTALLY APPROPRIATE STANDARDS

Water bottle for babies 6 months and older - please provide one with lid or cap	Milk bottle - recommend to transition at 10 months	Sippy cup for milk for children 12 months and older	Closed lid/Straw Water Bottles for Toddlers 12 months and older
			



Children 6 months and older

Labelled silicone bib



Acceptable way to label pacifier

Acceptable way to label Milk/water Bottle (all 3 parts of bottle must be labelled (lid, bottle/ nipple rim))





TODDLER A CHILD PARENT CHECKLIST

1. All items brought from home must be labeled with first and last names.
2. **Clothing:** VCA uniform shirt and appropriate bottom such as shorts, pants, skorts or leggings (**no skirts, jumpers, jeans, dresses, rompers, fancy clothing that cannot get dirty**).
Shoes: closed-toe velcro or slip on shoes with **NO SHOE LACES/ NO CROCS**
3. The items listed below are for daily use, and they will be brought home on a daily basis. Please refrain from packing items outside of this list for purposes outside of school use. All of the following items must fit inside child's backpack, and each item must be individually labeled:
 - a. Water bottle straw style, insulated, closed top (**no sippy cups or bottles that leak**).
 - b. Small personal blanket/ muslin kind recommended (No pillows, sleeping bag, comforters).
 - c. Ziploc bag with at least 2-3 full changes of clothes(following same standard for clothing listed above). Teacher will notify if more are needed based on child's need
 - d. **NOTE: Appropriate toddler backpack should be 10-12 inches (No diaper bags or adult backpacks)**
4. Pack of diapers (**NO PULL-UPS**) and **flip-top wipes** (recommended to bring week's supply) lead teacher of room will notify through ProCare when child is running low. Please stay attentive to messages or daily notes sent in activities for this notification.
5. For emergency lockdown: Please provide inside a Ziploc bag a full change of clothes, underwear (if applicable) and a pair of closed-toe shoes to keep in school. This change of clothes and shoes are not used for daily accidents, but only in case of a lockdown due to weather emergencies. (No uniform needed for emergency clothe)

**Acceptable closed lid
straw, insulated water
bottle**



**Acceptable mini
backpack 10-12inch**



Small 15 inch High



Mini 12 inch High

**Acceptable plastic flip-
top wipes**



**Acceptable shoes
Slip-on or velcro
NO SHOE LACES
NO CROCS**





TODDLERS B/C CHILD PARENT CHECKLIST

1. All items brought from home must be labeled with first and last name
2. **Clothing:** VCA uniform shirt and appropriate bottom such as shorts, pants, skorts or leggings (**no skirts, jumpers, jeans, dresses, rompers, fancy clothing that cannot get dirty**).
Shoes: closed-toe velcro or slip on shoes with **NO SHOE LACES/ NO CROCS**

3. The items listed below are for daily use, and they will be brought home on a daily basis. Please refrain from packing items outside of this list for purposes outside of school use. All of the following items must fit inside child's backpack, and each item must be individually labeled:

- a. Water bottle straw style, insulated, closed top (**no sippy cups or bottles that leak**)
- b. Small personal blanket/ muslin kind recommended (No pillows, sleeping bag, comforters)
- c. Ziploc bag with at least 2-3 full changes of clothes (following same standard for clothing listed above). Teacher will notify if more are needed based on child's need. **For children that are potty training please follow potty training standards form.**
- d. Appropriate toddler toothbrush and toothpaste inside hygiene bag (**all items labeled with child first and last name**) to keep in the backpack for daily hygiene use after lunchtime. We recommend to use a large ziplock bag as it will be easy for growing toddler to put away his/her hygiene belonging.
- e. **NOTE: Appropriate toddler backpack should be 10-12 inches (No diaper bags or adult backpacks). We understand that for the first months of potty training, child may need to bring a bigger backpack to accommodate extra items needed.**

4. Pack of diapers (**NO PULL-UPS**) and **flip-top wipes** (recommended to bring week's supply) lead teacher of room will notify through ProCare when child is running low. Please stay attentive to messages or daily notes sent in activities for this notification. **Potty trained toddlers will still need to provide wipes for occasional accidents and bowel movement.**

5. For emergency lockdown: Please provide inside a Ziploc bag a full change of clothes, underwear (if applicable) and a pair of closed-toe shoes to keep in school. This change of clothes and shoes are not used for daily accidents, but only in case of a lockdown due to weather emergencies. (No uniform needed for emergency clothe)

Impermeable shoes acceptable for children in first months of potty



Accepted closed lid, straw, insulated water bottle



Acceptable mini backpack 10-12inch



Small 15 inch High



Mini 12 inch High

Acceptable plastic flip-top wipes



**Acceptable shoes, slip-on or velcro
NO SHOE LACES
NO CROCS**





K3 AND VPK STUDENT PARENT CHECKLIST FALL 2024

1. All items brought from home must be labeled with first and last names.
2. **Clothing for Preschool K3/VPK:** VCA uniform shirt with uniform shorts, pants or skorts **without button** (color: khaki or navy blue). Please see picture below for standard.
Shoes: closed-toe velcro or slip on shoes with **no laces/ No crocs**
3. The items below are for daily use, and they will return home on a daily basis. All of the following items must fit inside the backpack, and all items must be individually labeled:
 - a. **Insulated straw water bottle with closed top for hygiene - no sippy cup**
 - b. Small personal blanket (No pillows, sleeping bag, comforters)
 - c. All teddy bears or comfort teddy will need to be approved by the teacher/administration and will stay in the backpack to be used during quiet/nap time only
 - d. Ziploc bag with at least 2 full changes of clothes and underwear inside the backpack
 - e. Appropriate toothbrush and toothpaste inside hygiene bag (**all items labeled**) to keep in the backpack for daily hygiene use after lunchtime
 - f. Provide a backpack that the child will be able to carry, as this is part of their development and preparedness for school, make sure your child is able to close and open all parts of their backpack and personal belonging
 - g. **ALL CHILDREN'S BELONGINGS NEED TO FIT INSIDE THE BACKPACK**
4. **For emergency lockdown:** Please provide inside a Ziploc bag a full change of clothe, underwear, and a pair of closed-toe shoes to keep in school. This change of clothes and shoes are not used for daily accidents, but only in case of a lockdown due to weather emergencies.

**Accepted closed lid
straw insulated water
bottle**



**Acceptable shoes
with velcro
NO SHOE LACES
NO CROCS**



**Acceptable uniform shirt
for all bottoms: no button,
pull on elastic waist.**

